

London & South United Pentecostal Church

Men's Dept Presents

MEN'S HEALTH SEMINAR

On Saturday 20th October 2018 From 10:00am to 2.00pm

At Life Tabernacle Croydon InSpired
1 Campbell Road Croydon CR0 2SQ

Prepare for life

SPEAKERS

DR. HELAM ROSEMAN

REV. WILLIAM ELLIS

REV. ANTHONY BANTON & REV. DAVID GORDON

(UPCGB&I MINISTERS)
WITH LOTS OF EXPERIENCES IN THE PUBLIC HEALTH / NHS

DOMINIC MCGINTY
FITNESS EXPERT

INCLUDES A WORKSHOP

WE WILL EXPLORE

- WHAT IT MEANS TO BE HEALTHY?
- COMMON SIGNS FOR MEN TO LOOK OUT FOR?
- WHAT AREAS OF LIFE TO BE FIT ABOUT?
- HOW YOU CAN BE FIT & STAY FIT?
- QUESTIONS & ANSWERS?



Seminar & refreshment is free but a donation will be requested. Theme from Hebrews 12:1

For more info contact Bro. Jimmy Ellis - 07850209313 or email lsupcmensministry@gmail.com